

Positively Serving Orange County

LAGUNA NIGUEL PRESS

SEA COUNTRY

CONTACT US www.LagunaNiguelPress.com - (949) 589-9990

PRIORITIZE YOUR PET'S HEALTH



Photo by Valerie Elash / Unsplash

JOHN WAYNE AIRPORT ENHANCES TRAVEL EXPERIENCE FOR FAMILIES WITH NEW AND INCLUSIVE AMENITIES TRAVEL MADE EASIER

John Wayne Airport (JWA) provides a welcoming, family-friendly gateway to Orange County, offering a travel experience built on convenience, comfort, and care.

"Flying can often be a stressful experience, but these amenities offer families relief and comfort," said Chair Doug Chaffee, Fourth District. "Our airport team is always looking for new ways to provide our travelers a convenient and smooth journey to their destination."

Whether guests are flying with young children, caring for a loved one, or seeking added convenience, John Wayne Airport offers thoughtful solutions to make the travel experience safer, easier, and more inclusive.

"As a mom who nursed two babies, I know the stress of traveling when babies get hungry. Not everyone feels comfortable nursing in public, and layering in cover up blankets gets hot for babies and moms," said Vice Chair Katrina Foley, Fifth District. "I'm excited that we now offer a private, clean, comfortable space for moms to nurse before flights at JWA to reduce the chaos of traveling with kids."

Supervisor Foley added, "I'm also thrilled to announce that JWA will implement a new expedited Family Lane to its TSA operations, ensuring new families can make it through security without delays. True to our county values, these enhancements in airport security screening ensure we're putting families first during the busy summer

travel season and beyond."

JWA offers a growing list of innovative amenities and services that put people first and help create a smooth, enjoyable journey from curb to gate.

Family-Friendly Highlights at John Wayne Airport:

• **TSA Family Screening Lane**

A dedicated lane at the Terminal B security checkpoint for families traveling with children, strollers, and special items such as formula and car seats. This amenity is part of TSA's Families on the Fly campaign to ease stress and streamline the screening experience for parents and children.

• **Children's Play Area**

Inspired by Orange County's coastal charm, the play space is located post-security, near Gate 11, and features interactive elements like a lifeguard tower, sea lion, sandcastle, and surfboard, all made of soft-play material for safe exploration.

• **Mamava Lactation Pod**

Located pre-security, across Baggage Carousel 6 in Terminal C, this self-contained, secure, and private pod provides an additional option for nursing parents on the go. The Mamava pod is ADA-accessible, features adjustable lighting and ventilation, and is available via the Mamava app.

• **Nursing Mother's Lounge**

This is a quiet, private space for traveling mothers to nurse or pump. Located in Terminal B between Gates 11 and 12, adjacent to the Children's Play Area, the lounge includes comfortable

seating, a changing table, a sink, and dimmable lighting designed for comfort and convenience.

• **Universal Changing Table**

Located in the Family Restroom near the play area, this full-size changing station supports caregivers of all ages and abilities, supporting JWA's commitment to dignity and accessibility for all guests.

• **Multi-Faith Prayer Space**

A new multi-faith prayer space recently opened in Terminal C near Gate 22. This thoughtfully designed area offers a quiet, respectful setting for travelers of all faiths and backgrounds to reflect, meditate, or pray.

County leadership has voiced strong support for the family-focused services and inclusive resources now available at John Wayne Airport, recognizing their value in enhancing the travel experience for all guests.

"Orange County has the most passenger-friendly airport anywhere," stated Supervisor Nguyen, First District. "So proud to see us step up our game another notch."

"I am glad to see our Airport moving toward becoming more people and family-centered, with a focus on providing amenities that serve the needs of all travelers. It is my hope that future improvements will reflect the diversity of our county and continue to develop an inclusive environment for residents and visitors alike," said Supervisor Sarmiento, Second District.

"John Wayne Airport has always been



a welcoming space for people from all over the world," said Supervisor Don Wagner, Third District. "Now, with these new family-friendly amenities, Orange County's world-class airport will be even more accessible and accommodating to travelers."

These new amenities complement ongoing efforts at John Wayne Airport, including the Capital Improvement Program (CIP), focused on strengthening infrastructure through continuous upgrades, facility improvements, and services that reflect guest needs.

"At John Wayne Airport, we believe a great travel experience starts with putting people first," said Charlene Reynolds, Airport Director. "From family-friendly amenities to inclusive design and collaborative programs like TSA's Families on the Fly, we're proud to offer services that support every guest."

For more information about traveling through John Wayne Airport and our family-focused amenities, visit www.oair.com.

Tonks Feline Foster
Let's Save Them All



We're already thinking about Saturday most Saturdays. Please spread the word and come to our adoption event at Animalia Pet Supplies (714) 248-9136 in Garden Grove on Saturday, from 11 AM - 3 PM at 11881 Valley View St, Garden Grove, CA 92845


Follow us and to see available kitties on facebook.com/Tonksfelinefoster

We need your help to keep this going. To make a donation go to:
 Paypal: tonksfelinefoster@gmail.com
 Zelle: tonksfelinefoster@gmail.com
 Venmo: @tonksfelinefoster

Quietly Working, A Non-Profit Helping Children

THE QUIETLY WORKING MISSION

- 1. Serve Youth (30 and younger)**
 Love them like they've never been loved before.
 Come along side so they know they're not alone.
 Help them see hope for a better future.
 Help them discover their purpose.
 Help them build it.
 Help them live it.
 Help them create a legacy that lives beyond them.
- 2. Support Youth Service Organizations (YSOs)**
 Because we're better together.



For more information or to make a donation go to: quietlyworking.org

CALL NOW FOR AN APPOINTMENT

Dr. Kathleen Andersen, OD
Eye Exams and Optical Boutique

Coming in for your yearly eye exam? With these huge rebates we beat online and big box store pricing on daily contacts.

Up to \$240 Savings (\$40 instant savings, \$200 mail-in rebate) available on daily contact lenses! Every major manufacturer is offering \$200 rebates this year so don't wait to get into a clean comfortable lens every day.

Up to \$120 Savings (\$20 instant savings, \$100 mail-in rebate) available on Monthly contact lenses!

Our highest rebate offers available

Now available in more parameters than ever before - we have lenses for astigmatism, presbyopia and now available in plus powers, too. We stock many prescriptions, so it is possible to leave with your year's supply on the same day!

Call to schedule your eye exam and take advantage of these great rebates.

A Special Gift from:
 Kathleen M. Andersen, O.D.
\$100.00*

*Off of a complete pair of glasses. Can not be combined with insurance or other discounts. Some brand restrictions apply



Kathleen M. Andersen, OD

949.647.4584

Info@rsmvision.com / www.rsmvision.com
 22312 El Paseo Suite D Rancho Santa Margarita, CA 92688

- Celebrating 33 years serving RSM
- Eye Exams and Contact Lenses
- Disease management and emergency care
- Specialty Contact Lens Fitting
- IPL Dry Eye Treatment
- One hour lab on site
- Most Insurance Accepted



SUPPORT YOUR LOCAL WOMAN OWNED BUSINESS



949-546-0333
23061 Antonio Pkwy #0 • RSM
 Located behind Jiffy Lube on the corner of Antonio & Empressa



REPAIRS YOU CAN TRUST-A LIFETIME WARRANTY YOU DESERVE

We work on all makes and models and are here to help! Whether you're dealing with an insurance claim or working within a budget, our team is ready to guide you through the process and get you back on the road.



SCAN ME

Visit our website to get a free Online Photo Estimate today!

PET EXPERT REVEALS DO'S AND DON'TS OF PLAYING WITH CATS

Play is instrumental for pets' overall health and physical wellbeing. However, many cat lovers may not realize that there are positive and negative ways to engage cats in play.

"Positive play can lower pets' cortisol levels, influence brain development and help them gather information to understand boundaries and different ways of communicating," said Purina Animal Enrichment Specialist Alex Johnson.

If you're craving new ways to interact with your cat, Johnson shares additional insights about the value of play, plus do's and don'ts to maximize your time together.

DO create routines - Cats anticipate what will happen at certain times of day. Try giving your cat 15 minutes of undivided attention at the same time every day, focusing on your cat's cues. Pet your cat and speak in a calm voice. Connection is the goal, but some cats prefer just hearing your voice as they sit nearby.

DO reinforce positive behavior - Johnson recommends praising good behavior with treats like new Friskies Playfuls, uniquely shaped to roll so cats can have fun with their treats. For example, if they like to scratch furniture, redirect the behavior by giving them a toy or object that's acceptable to scratch.

DO provide mental stimulation - If your cat seems bored, Johnson suggests rotating toys or introducing

new activities:

* **Copycat:** Mirror your cat's actions like you're playing Simon Says, batting Friskies Playfuls with them like you're playing catch. Seeing things from their perspective fuels interactive play, creating new ways to connect with your cat.

* **Obstacle fetch:** Set up items like crumpled-up paper, paper bags or boxes, then toss a treat among the items to encourage cats to seek out the treat. This activity uses their hunting skills, encouraging mental stimulation by providing obstacles they must maneuver around to get their reward.

* **Lost marbles:** Cut holes a bit bigger than your cat's arm on the top and sides of a box. Cut 2-3 holes at floor level, as this will be where the treats come out. Place a few Friskies Playfuls treats and other movable objects inside (balled-up paper, toys, ping-pong balls), letting your cat bat them around to push the treat out of one of the bottom holes. This problem-solving activity gets your cat thinking and activates trial and error.

DON'T forget to encourage their instincts: Cats love exploring, so making blanket forts or repurposing boxes can be great ways to engage with them. They also love exploring textures and smells, so adding different materials like an old T-shirt or packaging paper in the box or blanket for each week can help keep them entertained.

DON'T betray your cat's trust: Cats'



relationships are built around trust, which is vital for their sense of safety. Some social media trends prompt cat owners to seek reactions from cats as a means for entertainment, but this could be damaging to the bonds cats have with their owners.

"A great test to check if you're crossing a line with your cat is to ask yourself if you would do this to a child or a baby," Johnson says. "If an adult plays pranks, deliberately annoys, hurts or frightens a child - that can cause confusion, stress and feelings of betrayal, and the same concept applies to cats."

DON'T overstimulate: Watch for signs

of agitation: whipping their tail back and forth, biting, hissing or flattening their ears. If you see these signs, give them space. Avoid raising your voice or punishing your cat for being aggressive. While this may seem a logical way to teach your cat to 'behave,' it increases your cat's stress in an already stressful situation - and could increase aggressive behavior.

Following these guidelines, you'll learn what works best for encouraging active, positive play with your cat, and you'll likely have just as much fun as they do!

Learn more about Friskies Playfuls on Purina.com/friskies/cat-treats. - (BPT)



CELEBRATING LIVES
COMMUNITY HEALTH CENTER

Quality Care You Can Trust

Open Late | Walk-Ins Welcome
Medi-Cal & Medicare Accepted

8 AM – 9 PM
OPEN WEEKENDS

- Telehealth Available
- Online Scheduling
- Extended Hours & Weekend Care
- 24/7 Patient Portal

Medical	Dental	Behavioral Health
<ul style="list-style-type: none"> • Primary Care • Pediatric & Teen Care • Chronic Disease Management • Preventative Care • Immunizations 	<ul style="list-style-type: none"> • Routine Exams & Cleanings • Pediatric Dental Care • Emergency Dental Services • Surgery & Extractions 	<ul style="list-style-type: none"> • Counseling & Therapy • Specialized Therapy (CBT, DBT, EMDR) • Anxiety & Depression Treatment • Trauma Therapy

Call Us 
(949) 866-3600

Visit 
www.clchc.org

Mission Viejo | Irvine
Costa Mesa | Santa Ana



 **SCAN ME**

SADDLEBACK MEDICAL CENTER IS THE FIRST HOSPITAL IN ORANGE COUNTY TO PERFORM GAMMATILE THERAPY FOR OPERABLE BRAIN TUMORS

MemorialCare Saddleback Medical Center is the only hospital in Orange County offering GammaTile Therapy, an advanced FDA-cleared radiation treatment for patients with operable brain tumors. This innovative therapy significantly improves the treatment of recurrent meningiomas and brain metastases. GammaTile Therapy allows physicians to deliver targeted radiation immediately after brain tumor surgery, providing a precise dose to eliminate remaining cancer cells. This eliminates the delay in treatment and the need for additional procedures, simplifying the process for patients.

"It's always been Saddleback Medical Center's mission to deliver the latest, most effective cancer treatment to the Orange County community, in the comforts of a community hospital feel," says Linda Chan, M.D., medical director, radiation oncology and Foundation Endowed Chair, MemorialCare Cancer Institute, Saddleback Medical Center. "We always want to do what is best for our patients, and this new therapy, which combines surgery and radiation in one session, is targeted so that it spares healthy tissue and just makes life easier on our patients. That is exactly what we stand for at Saddleback Medical Center."

GammaTile Therapy is a surgically targeted radiation therapy (STaRT) providing immediate, localized treatment

of brain tumors during surgery. By embedding radiation sources within a collagen tile, GammaTile delivers a precise radiation dose directly to the tumor site, minimizing radiation exposure to healthy brain tissue. In addition, traditionally, patients would need to come back after surgery for maintenance radiation, which would delay care and be an added inconvenience; now this procedure combines the two.

Unlike other forms of radiation therapy that disrupt tumor cell replication from outside the body, GammaTile works internally, enhancing the effectiveness of treatment and significantly reducing the common side effects associated with traditional radiation therapy, including hair loss.

"I was absolutely delighted to partner with Dr. Chan, to bring GammaTile treatment to our current operable brain tumor capabilities," says Chiedozie Nwagwu, M.D., neurosurgeon, Saddleback Medical Center. "This partnership offers patients the combined benefits of surgical and radiation treatment simultaneously, perfectly aligning with our patient-first approach."

MemorialCare Cancer Institute is at the forefront of cancer care, offering the latest in technology for earlier diagnosis and better treatment outcomes. The MemorialCare Cancer Institute is home to a multidisciplinary team of highly skilled



Saddleback Memorial Care Team

specialists. These specialists collaborate to design targeted, customized treatment plans for each patient, ensuring they have access to specialists well beyond one aspect of their cancer.

About MemorialCare Saddleback Medical Center

MemorialCare Saddleback Medical Center is a member of MemorialCare, a not-for-profit, integrated healthcare delivery system – proudly serving the

residents of South Orange County for 50 years. Centers of Excellence include cancer, heart, orthopedics, spine, neurosciences, gastroenterology, emergency and critical care, breast health, imaging, women's health, obstetrics, geriatrics, and minimally invasive and robotic-assisted surgery. To learn more, visit memorialcare.org/saddleback.



CONTACT US
949-589-9990

To send a press release:
newseditorials@yahoo.com

Editorial offices:
520 E. Avenida Pico Ste. 3322
San Clemente, CA 92674



Sandra White



Kelly Bennett
Society Scene Editor

Cody White
Display Advertising



Beverly Farmer, Art Director
Graphics Department



Jerry White
Founder

Laguna Niguel Press is an independent newspaper. We are not owned or operated by any of the big daily newspapers. The views and opinions expressed are those of the publisher and not any organization. No reproduction, in whole or in part is permitted without the express written permission of Laguna Niguel Press.

Legal Advertising: Mission Viejo News was adjudicated by the Orange County Superior Court as a newspaper of general circulation pursuant to Government Code 6000 case #A202554 on July 6, 2000 and as such is the appropriate newspaper to place legal and public notices for the South Orange County Judicial District and the City of Mission Viejo.



The Mission Viejo News is a member of the California Newspaper Association



SEA COUNTRY

CONTACT US www.LagunaNiguelPress.com - (949) 589-9990

TOAST TO THE CASA: CASA ROYALE ANNUAL FUNDRAISER BRINGS GLAMOUR, GAMING, AND BOND-INSPIRED ENTERTAINMENT

Casa Romantica Cultural Center and Gardens is rolling out the red carpet for its highly anticipated annual fundraising event, Toast to the Casa: Casa Royale, promising an unforgettable evening of high style, thrilling entertainment, and James Bond-worthy surprises. Taking place September 13, 2025, this year's event will also celebrate Honorary Chairs: Lou Leto and Sherri Colligan, beloved long-time supporters and volunteers whose dedication to Casa Romantica spans years of service and generosity.

"As volunteers and supporters of Casa Romantica, this provides the opportunity for us to share the history, beautiful gardens, and wide range of cultural programs to our community and visitors," said Leto and Colligan. "It's very satisfying to watch visitors of all ages discover, learn, and enjoy what the Casa has to offer."

Lou and Sherri's support extends far beyond their time and advocacy. As President's Circle members, they are steadfast donors during Casa Romantica's fundraising campaigns, underwrite the beloved holiday event Christmas Nights at the Casa, and can often be found welcoming guests at the greeter station or leading docent tours.

From the moment guests arrive at Toast to the Casa: Casa Royale, a vintage luxury car will be parked out front for picture-perfect arrivals. Upon entering through Casa Romantica's iconic keyhole door, guests will be greeted by an elegant "champagne girl" in a sparkling champagne bowl. The experience unfolds across the historic property, with thrilling Bond-inspired vignettes around every corner.

The evening's entertainment includes a live band in the courtyard performing sultry Bond classics, a James Bond look-alike will be roaming the venue for photo opportunities, and the return



of the popular 360-degree camera experience in Mrs. Hanson's Room. Guests can try their luck at blackjack and craps tables inside the art gallery, enjoy poker darts for the chance to win a bottle of wine, or indulge in signature cocktails from two fully stocked bars in the gallery and dining room.

"Casa Royale is more than an evening of glitz and excitement, it's an opportunity to come together as a community and support the mission of Casa Romantica," said Kylie Travis, Executive Director of Operations and Programming. "The funds raised will allow us to continue presenting exceptional cultural programming, preserving our historic property, and welcoming guests from all walks of life to experience the arts in an unforgettable setting. We can't wait to welcome everyone for an evening that truly has it all: style, history, and celebration."

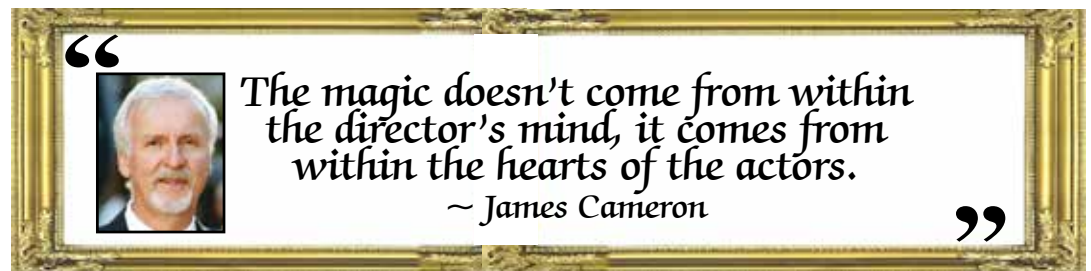
Early bird tickets are \$175 each through September 1 and are available now. Attendees are encouraged to purchase early bird tickets and prepare for an evening of mystery, martinis, and mission-driven fun. For sponsorship

and vendor opportunities, please call 949-498-2139.

For more information, to sign up for early access to tickets for Toast to the Casa, or for details on exhibitions and programming, visit www.casaromantica.org and follow @CasaRomanticaSC on social media.

About Casa Romantica Cultural Center and Gardens:

The Mission of Casa Romantica Cultural Center and Gardens is to provide cultural programs for all ages, backgrounds, and ethnicities with a special emphasis in celebrating and inspiring the artistic, musical, historical, literary, and horticultural aspects of California. We strive to serve our greater community and beyond. Casa Romantica Cultural Center and Gardens is located at 415 Avenida Granada, San Clemente, CA 92672. Hours: Tuesday—Thursday 10 AM—4 PM; Friday—Sunday 10 AM — 2 PM; closed Mondays and holidays. General admission is \$8; Casa Members, active duty military with ID, and children under age 13 visit for FREE. For more information, call (949) 498-2139 or visit CasaRomantica.org



6 TIPS TO ENJOY STRESS-FREE SUMMER TRAVEL WITH PETS

Mars, Incorporated and its family of brands for people and pets is in the business of helping create long-term happiness for you and your furry friends. From packing your pet's favorite food to finding high-quality veterinary care, here's how to make taking your best friend on the road safer and easier this summer.

A survey from CESAR®, proudly part of the Mars family of brands, found that taking our dogs to work can provide mood-boosting benefits like increasing happiness (58%) and relieving anxiety or stress (57%). But do those benefits extend to taking your pet along on vacation?

Traveling with our dogs and cats is a tempting idea: It means we get more quality time together, can make amazing memories with them, AND we don't have to worry about leaving them behind.

But just like your own vacation planning, travel with pets should come with a few considerations and careful preparation. While you will undoubtedly create unforgettable memories with your pet, there is always a chance pets might get hurt or sick, be uncomfortable or even get distressed in unfamiliar surroundings.

Thankfully, you can prep for travel that helps keep everyone (two- and four-legged friends included) content with these six expert-backed tips from the pet-loving professionals at Mars. We even created a helpful timeline, so you know where to start. Bark voyage!

Before you book: Find a pet-friendly home away from home

It's easier than ever to find accommodations that will cater to your pet's vacation wish list - so find the best. Look for hotels and resorts like the more than 5,000 Hilton pet-friendly hotels across the U.S. and Canada that offer unique pet-pampering amenities to ensure their vacay is as luxurious as yours. Hilton partners with Mars to offer pet-owning guests extra peace of mind with access to expert-sourced pet health, wellness, and behavioral support resources courtesy of the Mars Pet On-Demand program.

A few months before: Practice makes perfect

We all can feel out of place when we're away from home. Same goes for pets. They might face new situations they aren't familiar with, like taking elevators or being on loud city streets. As much as possible, practice new situations in advance to help ease transitions. Before hitting the road, make sure your pet is comfortable in the car. Carefully observe them and consult your veterinarian on safe options if they show any signs of motion sickness, anxiety or discomfort, which can include gagging, vomiting, drooling and excessive panting. If you're planning to take your pet on a plane, talk to your veterinary team about behavior, safety and health concerns, so they can advise on a tailored solution for your pet. Also speak with your veterinarian about whether a health certificate might be needed for your pet - for traveling, boarding or staying in hotels.

A few months before: Manage medical care

Just like human health care, keeping up with our pet's veterinary appointments can get away from us during the busyness of everyday life. With a trip around the corner, book a pre-departure visit to your veterinarian to consult on whether your pet's health status and temperament are well-suited for travel. Banfield Pet Hospital - the leading provider of preventive veterinary care in the U.S. and part of the Mars Veterinary Health family of veterinary practices - recommends using this opportunity to ensure your pet is microchipped and up to date on vaccines, parasite prevention and other preventive care to help decrease the risk of disease transmission while visiting new places. Different locations may carry different risks - your veterinarian can share what to watch out for.

A week before: Pack with a plan - and well ahead of time

Packing a separate bag with all your pet's supplies will make it easier to find what you need on the go. Plus, having their favorite toys and blankets can bring them comfort in unfamiliar environments - so long as they aren't prone to chewing or eating items they aren't supposed to. Mars is taking the guesswork out of packing by sharing a free packing list from BETTER CITIES FOR PETS™, a program that celebrates and supports cities that strive to be pet-friendly.

Before departure: Locate a local emergency veterinarian BEFORE you need one

Scope out emergency veterinarians in the area you'll be traveling and bookmark



their phone number for easy access. Your regular veterinarian may even be able to help with recommendations. BluePearl Pet Hospital and VCA Animal Hospitals, also part of the Mars Veterinary Health family, offer emergency services to support your pet no matter where you are. The last thing you want to do when you're dealing with a sick or injured pet is scramble to find a reputable emergency veterinary clinic. And don't forget to bring copies of your most recent medical records in case they're needed.

During your trip: Stick to a regular meal schedule

Stick with your pet's regular feeding routines while traveling to avoid upsetting their schedule - or stomach. Bring your regular healthy treats along, like ones from GREENIES™, TEMPTATIONS™ or PEDIGREE®, and even if you're indulging on vacation, avoid giving them minibar snacks and table scraps as some human food can be unsafe for pets, especially if they're already a bit stressed from travel and the new environment. - (BPT)

SUMMER SPECIAL! BUY ONE GET 50% OFF STOCK ITEMS ONLY!!!



The Largest Selection of High-Quality, Name Brand Patio Furniture in Orange County



Costa Mesa Showroom
845 Baker Street | Costa Mesa, CA 92626
Call Us Today! (714) 557-5515
www.PatioPlaceinc.com



We Offer 15% Discount to all Active Military, Veterans, Police, Fire and Emergency Responders with this ad.



P.J. Noah PetSalon
Because My Pet Deserves It!

PJ Noah PetSalon, where our approach to your pet is with you in mind. Our highly trained stylists, who love animals to no end, take complete care of your pet with rigorous safety standards in a state-of-the-art facilities.

Join our VIP Membership Program
which is charged monthly and offers weekly maintenance bath packages and a choice of haircut once a month. Call: (800) 401-1011 or visit any of our stores to get your pet's own unique pricing.

OUR NEW LOCATION IN COSTA MESA
333 E 17th St. 12B
(949) 669-2408
www.pjnoahpetsalon.com



P.J. Noah PetSalon
Because My Pet Deserves It!

No Place Like Home Pet Sitting



Leave Your Pet At Home!

Includes:

- Love
- Playing
- Feeding
- Mail
- Walking
- Plants
- Licensed - Bonded
- 25 Years in business
- Any Pet (reptiles to Dogs)



Pets do better in their own home.

Kim Jones
(949) 458-3829

5 EXPERT TIPS TO HELP YOU PRIORITIZE YOUR PET'S HEALTH

A healthy pet doesn't happen by accident. Even a dog or cat without preexisting health conditions needs their owner's help to live their best life and maintain their well-being. Check out these five tips from pet experts at Purina who explain how to prioritize your pet's health to keep your four-legged companion happy and healthy.

1. Provide complete and balanced nutrition

Ensuring your pet is receiving proper nutrition is key. "Many pet foods on the market today are meant to be the only source of nutrition for pets," said Jason Gagné, DVM, DACVIM (Nutrition),

Veterinary Technical Communications. "That's why it's critical that they're 100 percent complete and balanced for the intended life stage.

When you see "complete & balanced" on your pet's food, it means that it provides your pet the right amount of all essential nutrients and in the right proportions that their bodies need.

2. Get plenty of exercise

Nothing strengthens the bond between you and your pet like doing something energetic together. Whether you take your dog for a walk in a place you both love or play a new game with your cat, spending quality time together is top of

the list when it comes to showing your pet you love them and care for their well-being. Not only are pets kept active, but pet owners also reap the health benefits here.

3. Take care of their skin and coat

Brushing your pet isn't just for looks. Taking care of your dog's skin and coat is important for your pup's health. "A dog's skin and coat is their largest organ and protects their bones, muscles and other organs," says Gagné. "It also plays a vital role maintaining body temperature."

Using a supplement like EverRoot Skin & Coat oil is a great option if your dog has sensitive skin, as it includes skin-loving nutrients like MCTs, vitamin E, DHA & EPA.

4. Teach them new skills

Investing time in your pet is a wonderful way to show them how much you care, and it's another great way to care for their physical and mental health. "Teaching new skills will help keep their minds sharp, is a great form of entertainment and can incorporate physical activity as well," said Dr. Ragen McGowan, PhD, Animal Behavior Scientist. "Interactive puzzle toys for dogs or food maze bowls for cats and dogs are great ways to keep them mentally fit."

5. Consider using supplements

To make sure you're doing everything you can to keep your pet as healthy as possible, consider using supplements to help address their specific needs.



Purina Pro Plan Veterinary Supplements offers options to help with a variety of circumstances pet parents may encounter. For example, FortiFlora is a probiotic supplement that contains a safe and effective strain of beneficial bacteria to promote normal intestinal microflora, which means digestive and immune support for cats and dogs.

"If your dog or cat is displaying anxious behaviors, ask your veterinarian about Calming Care, a probiotic supplement that helps pets maintain calm behavior and cope with external stressors," said McGowan. And for owners who feel their cat could use help staying hydrated, Hydra Care is a nutrient-enriched water which has been shown to increase total liquid intake when compared to cats consuming only water and dry food.*

To find more products that support pet health, visit ProPlanVetDirect.com and EverRoot.com.

*Cats must consume at least 2 oz per 5 lbs of bodyweight daily for benefit. -(BPT)





Taste of Wine & Food

By Frank Mangio & Rico Cassoni

TASTE TOUR OF LA MESA, A CULINARY JOURNEY

Story and photos by Rico Cassoni

There's something magic in the way La Mesa flavors your day. Our recent stroll through its Village delivered just that. We began with a hoppy twist and ended with dolce dreams, discovering that this East County gem has become a must-visit for savvy food lovers.

Pour, Drink, Play: Coin Haus

We started our journey at Coin Haus, a playful invention by Cohn Restaurant Group (CRG) created in 2016. GM Brittini Wingo and Tech Supervisor José Bucio guided us through the concept: a cashless adult beverage buffet featuring 48 self-pour taps and an arcade. Guests link a card to their credit account, then pour their own beers, ciders, seltzers, cocktails, wines, and sours—touchscreens at each tap displays flavor profiles, prices, and tasting notes. Arcade games, from classics to sit-on-motorcycle rides, cost 2–6 credits (25¢ each), though during happy hours (Mon–Thu 4–6 PM, Fri–Sat 3–6 PM, Sun 2–6 PM) games are free when tapped. We sipped a locally brewed Coin Haus IPA and Blonde Ale by Tarantula Hill, a lemon-basil cider, Blast of Baja seltzer, Karl Strauss Cherry Cola Seltzer (a standout), and “The Bear” IPA from Great Notion Brewing. It's a grown-up playground with a great pour list. Check the latest line up at coinhaus.com.

Euro Vibes at Tour de Tapas

A few minutes stroll found us at Gerry Torres's Tour de Tapas that sits beside his popular City Taco store. Situated in a cozy, brick-walled venue for about 50 guests, it feels like stepping into a rustic European bistro. GM/ Partner Israel Montañó shared how they sampled over 500 Old-World and California wines before narrowing it to 30 thoughtful pairings. Chef Lalo Baeza, trained in Mexico City with a French twist, constantly evolves the menu, highlighted by rotating “Tapas of the Week” and “of the Month.” We indulged in heirloom-Caprese over walnut pesto, a saffron-kissed Spanish paella brimming with mussels, clams,

shrimp, chicken, scallops, and chistorra sausage, a delicate salmon beurre blanc, and a seafood-studded Linguine allo Scoglio, a weekly special. The wine flight included Montepulciano d'Abruzzo, Green Wing Cabernet Sauvignon, and Les Jamelles Malbec offering a journey through fruit, spice and structure. It's perfect for sharing a leisurely evening with friends. Check out their menu at tourdetapas.com.

Elevated Authenticity at Casa Gabriela

Next, we walked to CRG's Casa Gabriela, aptly named and soulfully crafted by Chef/Partner Gabriela López. Rooted in her grandmother's recipes from Guadalajara, the menu is lifted into elegant territory. The space is alive with color, centered around a sprawling Tequila Garden patio that's dog-friendly and full of character and around the corner from CRG sister venue, Coin Haus. GM Carlos Pozos ushered us in, and I started with a Smoky Pepino cocktail (blanco tequila, mezcal, cucumber, mint) that tasted as fresh as it looked. Frank opted for a classic Modelo. The generous Molcajete “La Jefa Asado” for two (or three or four) arrived—a mosaic of marinated flank, pollo a la brasa, shrimp, sausage, chorizo, panela, nopales, jalapeño and salsa machacada, served with tortillas, rice and beans. Meats are marinated for 24 hours, a nod to tradition. We also savored the Flank Steak Tampiqueña: chimichurri flank, guajillo-Oaxaca enchilada, roasted peppers, grilled panela, guac, and papas bravas. Later, a pair of carnitas tacos appeared—a delightful surprise. With its authenticity, vibrant courtyard and heart-forward presentation, it's as good for a casual night out as it is for brunch or celebrations. Casa Gabriela is “Elevated Mexican Cuisine in the Heart of La Mesa.” See more at casagabrielalamesa.com.

La Dolce Vita at Limoncello

By now, La Mesa had won our hearts. Limoncello was the perfect ending.



Technical Supervisor, José Bucio (left), and GM Brittini Wingo demonstrated the taps at Coin Haus with arcade games in the background

Whether seated al fresco or among tapestries and Italian art indoors, the atmosphere is unmistakably authentic — Italian accents float among staff and patrons. Owner Alberto Morreale and nephew Gaetano Cassara have created an Italian haven where all pasta, entrées and dolce are made in-house. When server Miguel Ansulo presented the dolce tray of cannolis, tiramisu, tiramisu limone, and crème brûlée, we thought we'd pick one or two, only to be surprised moments later with all four, plus cappuccinos. Heaven. At nearby tables, the Chef's pasta special was in full view: fresh pasta tossed in a 15-month Parmesan cheese wheel where servers used torches to melt cheese and then toss in cream, crab, and asparagus, for that day's special.

A sight and taste worthy of its own follow-on visit. Limoncello is a journey through Italy's finest flavors, see more at limoncellolamesa.com.

Final Taste: La Mesa Village

La Mesa Village is a treasure trove—livable, walkable, and easily reachable via the San Diego Trolley's Orange Line, making it a car-free trip from many parts of the county, or take advantage of 75 cent per hour street parking. It's also home to one of San Diego's largest Oktoberfest, a three-day Bavarian celebration that draws thousands each fall. However you plan your visit, consider following some or all that we visited: taps at Coin Haus, graze at Tour de Tapas, savor elevated tradition at Casa Gabriela, and finish with dolce at Limoncello.



Tour de Tapas plates: Saffron-kissed Spanish paella, seafood-studded Linguine allo Scoglio, and delicate Salmon Beurre Blanc



A cadre of house-made dolce at Limoncello: Tiramisu Limone (left to right), Crème Brûlée, Cannoli, and Tiramisu

Wine Bytes

- The Butcher Shop is hosting a five-course Banfi Wine Dinner on Thursday, September 18th at 6PM. The main course, crafted by Executive Chef Brian Gist, is charred Prime Hanger Steak with Chimichurri Sauce and Cauliflower Mash paired with Brunello di Montalcino. The cost is \$135 per person and includes tax and tip. RSVP at Butcher Shop.
- Vittorio's Italian Trattoria in Carmel Valley is hosting a Justin Wine Dinner on Thursday, August 28th at 6:00PM. Guests will enjoy a 3-course dinner and dessert by Exec Chef Angelo Gijo paired with Justin's Paso Robles wine. The main course features Grilled New York Strip Steak served with rosemary garlic potatoes and is paired with 2021 Isosceles. Cost is \$75 per person + tax/tip. RSVP at 858-538-5884.
- North County's Cork & Craft located in Rancho Bernardo has appointed Executive Chef, Bryan Garcia to lead their kitchen. Garcia has unveiled an entirely new dinner menu offering an upscale, Spanish-inspired take on classic Spanish and American dishes in addition to brewpub casual fare entrees.



“DIAMONDS ARE FOREVER” SPARKLES AS PACIFIC SYMPHONY HONORS MAESTRO CARL ST.CLAIR

Photos by Doug Gifford.

A silver Aston Martin, candlelit tables sparkling with diamonds, and 300 guests in black-tie elegance set the stage for a farewell worthy of Maestro Carl St.Clair’s 35-year legacy. The gala, “Diamonds Are Forever: A St.Clair Affair,” blended the intrigue of a James Bond film with the warmth of a community saying goodbye to one of its most beloved cultural treasures.

From the moment guests stepped onto the red carpet, it was clear this would be no ordinary evening. Parked out front was James Bond’s signature ride, flanked by charming Bond and Bond Girl look-alikes offering photo opportunities worthy of a movie premiere. Inside, the ballroom shimmered with silver draping, candlelit tables topped with black-and-white florals, and just enough sparkle to reflect the night’s theme and the Maestro’s legacy as the Symphony’s own “musical diamond.”

The evening began with exquisite tray-passed hors d’oeuvres by Michelin-starred Chef Tony Esnault of Knife Pleat. Guests mingled over avocado salsa on crisp wafers, cantaloupe with prosciutto and basil, and caviar with crème fraîche before being seated for a three-course feast of burrata with peas and mint, wild-caught halibut with farro risotto and Delta asparagus, and a decadent raspberry chocolate cake.

Gala Co-Chairs Sandy Segerstrom Daniels and Jane Fujishige Yada set the tone for the night, guiding guests through a series of surprises that left St.Clair visibly moved. There were personal tributes from the children of his legendary mentors Leonard Bernstein and Seiji Ozawa, a signed E.T. score with a note from John Williams, and, in a nod to St.Clair’s well-known love of baseball, a rare autographed Shohei Ohtani bat commemorating his record-breaking 50 home run/50 stolen base season.

Music was woven throughout the evening’s program. Violinist Aubree Oliverson, just 21 years old and already a rising star, spoke of St.Clair’s mentorship before joining Pacific Symphony musicians for two chamber pieces. She will return in the 2025–26 season to perform with the full orchestra. Later, the entire Pacific Chorale entered from all corners of the ballroom to present St.Clair with honorary membership and perform a deeply moving rendition of Joni Mitchell’s Both Sides Now. The emotional moment had many in the room wiping away tears.

In his remarks, St.Clair reflected on the mentors who shaped his life and career. “Thanks to all of my teachers, I’m so fortunate to have an international understanding of music,” he shared. “Their dedication to music education and children left a mark on me and influenced everything I’ve done and given to Pacific Symphony.”

Over the past 35 years, St.Clair’s leadership has transformed the Pacific Symphony into one of the nation’s most respected orchestras. Under his baton, the Symphony made its Carnegie Hall debut, toured China, and gained national recognition through PBS broadcasts. His vision extended far beyond the concert hall, championing music education programs that have touched hundreds of thousands of young people’s lives.

The live auction that followed the tributes was nothing short of electric, helping to raise more than \$2 million for the Symphony’s music and education programs. As bids closed and glasses clinked, the celebration shifted into high gear with guests filling the dance floor to the music of J.T. and Friends.

“This was an unforgettable evening,” Segerstrom Daniels said. “We wanted to honor Carl with an event as elegant and deeply moving as the impact he’s had on this community—and I believe we did just that.” Yada echoed her co-chair’s sentiments: “Carl has created a legacy that continues to inspire future generations of musicians and students. We are profoundly grateful for his leadership and dedication.”

As the night wound down, it was impossible not to feel the significance of the moment. The Maestro, who had shaped the sound of Orange County for more than three decades, was stepping away from the podium, but his influence, like a beautiful melody, will linger for years to come. With only a handful of performances remaining in his final season as Music Director, this “St.Clair Affair” felt like both a celebration and a heartfelt goodbye. Much like the Bond film that inspired the evening’s theme, some legacies, like diamonds, truly are forever.



Dennis Kim, with Carl St.Clair, and Soojin Han



Valerie Imhof with Linda Owen and Hans Imhof



Sandy Segerstrom Daniels and Jane Yada



Yassmin Sarmadi and Tony Esnault



JT & Friends singers

JIM CARREY'S LA HOME HAS SOLD FOR \$19.75M



One of the world's greatest comedy stars, Jim Carrey's expressive face and high-energy slapstick performances propelled him to success in the *Dumb and Dumber*, *The Mask*, and *Ace Ventura* franchises. Far from being typecast as a jokester, the Canadian-born actor would go on to achieve critical acclaim for dramatic roles in *The Truman Show* and *Eternal Sunshine of the Spotless Mind*. The winner of two Golden Globes and eleven MTV Movie and TV Awards, he has also published an award-winning children's book, co-wrote the novel *Memoirs and Misinformation*, and portrayed Joe Biden on *Saturday Night Live*. In 2022, he announced that he was taking a break from acting and was considering retirement. Jim eventually moved to his vacation property in Maui and put the Brentwood estate, where he had lived for the last 30 years, up for sale. The home sold in July 2025 for \$19.75 million.

beam ceilings offer tons of airflow, while skylights let in plenty of natural light to bathe the bright white walls and Jim's extensive art collection, including his own impressive creations. The living, dining, and family rooms flow together with hardwood and polished stone floors, fireplaces and ample windows with views of the lushly landscaped grounds. The well-appointed chef's kitchen offers an indoor BBQ. A circular breakfast nook looks out onto flowering pear trees. Multiple sliding glass doors open onto a central courtyard that provides space for entertaining or lounging in the classic California indoor/outdoor living style.

Jim's primary bedroom suite includes its own private patio, plus a stunning wood-paneled bathroom with a copper-hooded fireplace, leaded glass windows, and a soaking tub. An Art Deco-style home theater pays homage to the movie palaces of old, with mohair-covered sofas, burl wood columns, and a lavish marble bathroom. The spacious gym and home office are perfect for the modern remote-work lifestyle. The massive two-acre grounds are a rarity in LA and include a full-size tennis court, a waterfall swimming pool, a pool house with bar, a sauna/steam room, vegetable



gardens, and numerous mature trees. Walking paths wind through the serene environment, leading to the yoga and meditation platform.

One of LA's most sought-after neighborhoods, Brentwood is right next to the hustle and bustle of Santa Monica but retains a community feel. Known for its tree-lined streets, unique homes, and one of the best farmer's markets in Los Angeles, Brentwood is

home to numerous celebrities, including Arnold Schwarzenegger, LeBron James, and Tobey Maguire. Options for entertainment include the world-class Getty Museum, the Brentwood Golf Club, and the upscale shops and restaurants on San Vicente Blvd.

Photo by Daniel Dahler for Sotheby's International Realty toptenrealestatedeals.com



4 WAYS TO BOOST YOUR WELL-BEING WITH GARDEN THERAPY

Step into the world of gardening, a blossoming trend that's captivating people of all ages. If you've already spent time in the garden, you understand the excitement of seeing vibrant colors coming to life as your plants grow and bloom. Beyond enhancing your outdoor spaces, gardening also provides meaningful benefits for your health and well-being.

Embrace the joys of summer gardening with Beacon® Impatiens and discover the powerful wellness benefits of spending time outdoors and connecting with nature.

Get physical

Take part in the physical nature of gardening - a hands-on activity that gets you moving, improves joint flexibility and enhances your range of motion.

Your body will thank you as the activity boosts endorphin production - feel-good hormones that relieve stress, reduce pain and elevate your mood. Plus, tending to your Beacon® Impatiens outdoors helps regulate endorphins, increase serotonin and expose you to blue light wavelengths from the sun, which are key for regulating healthy sleep-wake cycles.

Elevate your mental wellness

Many gardeners look forward to losing themselves in their outdoor oasis, where stress begins to melt away and mindful focus on the present moment takes over. Connecting with nature and being outdoors are believed to benefit

your mental health. Gardening with Beacon® Impatiens invites a sense of calm, allowing you to move at your own pace and embrace the experience. This gentle, meditative feeling is often seen as one of gardening's greatest benefits. As you begin to feel more at peace, your brain responds by continuing to release endorphins.

Gardening also exercises your mind, encouraging goal setting, planning and problem-solving as your garden evolves throughout the season.

Nurture your soul

Gardening often inspires generosity - and with PanAmerican Seed, the breeders of Beacon® Impatiens, that spirit extends beyond the garden bed. Each year, the company allocates a portion of its global sales for Beacon® Impatiens to grow goodness and support charitable organizations. For the 2025 gardening season, Beacon® Impatiens is proud to support two inspiring charities: esp, inc. in Georgia and Greenfingers Charity in the U.K. Both organizations are dedicated to enriching the lives of children and adults with life-limiting conditions by creating joyful, meaningful experiences rooted in emotional well-being.

You can join these efforts and support garden therapy by visiting the Beacon website to learn more about this year's charitable partnerships, and help shine a light on these worthy organizations by including your favorite Beacon®



Impatiens in your shade garden this season.

Choose color that captivates

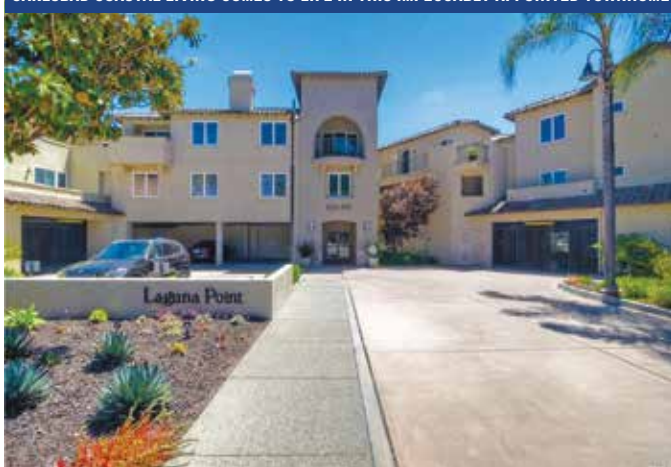
Adding a pop of color to your garden with Beacon Impatiens® lifts your mood and builds excitement as you watch the vibrant blooms come to life. Available in ten bold colors and eight mix variations, Beacon Impatiens® enhances any shade garden with healthy vitality. New for 2025, the brand has introduced Impatiens Beacon® Chicago Mixture, named for the Chicago Harbor Lighthouse, including Violet Shades, White and the new Blue Pearl, and Impatiens Beacon® Otway Mixture, featuring clear, bright colors in warm

shades including Lipstick, Rose and the new Light Pink. Beacon® Impatiens are disease-resistant varieties and their mixes are named after renowned lighthouses worldwide, particularly where the disease impatiens downy mildew has caused intense challenges that Beacon® Impatiens has solved.

These new varieties will quickly fill your gardens and landscapes with bright, long-lasting color, from spring through late summer.

Visit BeaconImpatiens.com/HelloBeacon to find more inspiration for your garden therapy from PanAmerican Seed. - (BPT)

CARLSBAD COASTAL LIVING COMES TO LIFE IN THIS IMPECCABLY APPOINTED TOWNHOME



Carlsbad, CA 92008 | Listed at \$1,549,000
543 Laguna Drive | 2 bd • 3 ba • 1,610 sqft | MLS #OC25164374

Welcome to 543 Laguna Drive, where the essence of coastal living comes to life in this impeccably appointed townhome located in the exclusive Laguna Point community—a boutique resort-style enclave with only 21 residences. Tucked away in the peaceful northmost corner of Carlsbad Village, this former model home is being offered for sale furnished and captures breathtaking views of the Buena Vista Lagoon, lush marshlands and distant glimpses of the blue Pacific Ocean. Boasting over 1,600 sq. ft. of thoughtfully designed living space, this 2-bedroom, 2.5-bathroom residence features: a gourmet kitchen with gorgeous countertops and high quality cabinetry, modern appliances, tile and wood flooring, 2 private balconies with serene water and nature views. Enjoy a true resort lifestyle with community amenities that include: sparkling pool and spa, fully equipped fitness center with cardio machines, free weights, and universal equipment, secure gated parking with 2 assigned side-by-side roomy spaces (can accommodate full size vehicles) & adjacent full size stand up storage room and a cozy clubhouse with pool table, inviting fireplace, big-screen TV and wet bar entertainment center. Step outside and you're just moments from fine dining, boutique shopping, world class beaches and scenic Martin Brown Park — offering expansive greenbelts, peaceful walkways, and the tranquil ambiance of surrounding lagoons and marshlands. Living here feels like a vacation every day — a rare opportunity to enjoy nature, luxury, and community all in one. Don't miss your chance to own this coastal paradise — it won't last!

Jonathan Ashyk
949.201.3990
JASHYK@PACIFICCSIR.COM | DPCL0SER1@gmail.com
BRE #01231154



We Buy Houses!

Liz Buys Houses Connects Home Sellers with Legitimate Cash Buyers Nationwide! **No Repairs. No Fuss.**

Get Your FREE Cash Offer

- We buy homes nationwide
- No commission or fees
- Close on your timeline
- No repairs or inspections

“Selling my home with Liz Buys Houses was a **game-changer!** Their expertise and support throughout the process were **unparalleled.** I couldn't have asked for a smoother sell. KUDOS to this **amazing** team!”

-Michael Beck

We work **fast** and are ready to help with your sale when you are.
Call today to see if our fast cash offer aligns with your home sale needs!

CALL (833) 291-3374

CHEF MASTERS

the fall culinary event of the year



join us!

...for an unforgettable fall soirée under the stars. A magical evening of delicious food, joyful celebration, and heartfelt giving—all in support of three incredible charities dedicated to helping animals in need.

SEPTEMBER 28, 2025
5 PM TO 9 PM
FESTIVAL OF ARTS PAGEANT OF THE MASTERS
Attire is Resort Casual

Benefiting:



Purchase my sponsorship online at:



HEALTHY & CONVENIENT

- Weekly meal prep (in your home)
- Sit-down meals for more family time
- Private VIP services for busy people
- Customized to your dietary needs
- Wholesome meals prepared with care



CHEF KELLY COOKS

415-793-3061
chefkellycook@gmail.com

MEAL-PREP TIPS FOR A MANAGEABLE BACK-TO-SCHOOL MENU

The hustle and bustle of back-to-school season can cause chaos in households. Class time, field trips and homework typically rule each day, which can make sitting down for a meal seem like a far-off dream. One easy way to save time is simplifying family recipes and prioritizing meal-planning.

Consider these meal-planning tips from the experts at Healthy Family Project, whose partners are donating \$16,000 to the Foundation for Fresh Produce to support children's accessibility to fresh fruits and vegetables.

Choose the meals you plan to make for the week. Cut down on prep time by planning dishes with overlapping ingredients then write out a grocery list

to keep from overbuying. Recipes like this Southwest Quiche Muffins Bento Box that include a brief list of widely used ingredients can help you avoid buying items you may only use once.

Stock the kitchen with ingredients your family often uses. Ensure you have the spices, seasonings, condiments, sauces and canned foods to prepare favorite meals at a moment's notice.

Save time by washing and prepping produce once each week. For example, if you're using sweet peppers in these Mini Sweet Pepper Sheet Pan Nachos and again in another meal that week, prep all at once so they're ready when it's time to cook – just be sure to store in an airtight container.

Serve quick snacks that won't spoil dinner. Kids often need a little fuel for homework, but complicated snacks can cut into already busy schedules. Keep ingredients on hand for simple options like trail mix, fruit parfaits and meat and cheese wraps.

Use kitchen tools that speed up the process. Pressure cookers and air fryers can help you put nutritious meals on the table faster while slow cookers let you prep in the morning and come home to a hot, delicious dinner.

Visit HealthyFamilyProject.com to find more back-to-school recipes.

Mini Sweet Pepper Sheet Pan Nachos
Recipe courtesy of Healthy Family Project
Prep time: 10 minutes

Cook time: 5 minutes
Servings: 4
8 ounces Pero Family Farms Mini Sweet Peppers, cut into chip shapes
7 ounces tortilla chips
1/2 cup sweet or red onion, diced.
1/2 cup canned or fresh corn
1/2 cup queso fresco cheese
1/4 cup black olives
1/4 cup jalapeno peppers, fresh sliced
1/4 cup cilantro leaves, for garnish
1 lime, cut into thin wedges, for garnish
Preheat oven to 350 F.
Place peppers and tortilla chips on sheet pan. Layer onion, corn, cheese, black olives and jalapeno peppers. Bake 3-5 minutes.
Garnish with cilantro and lime wedges.

Southwest Quiche Muffins Bento Box
Recipe courtesy of Healthy Family Project
Prep time: 10 minutes
Cook time: 25 minutes
Servings: 12
8 large eggs
1/2 cup milk
nonstick cooking spray
3/4 cup black beans, drained and rinsed
1/2 cup chopped Nature Fresh Farms Tomz tomatoes
1/3 cup shredded cheddar cheese
1/4 small RealSweet sweet onion, chopped
1/2 cup vanilla Greek yogurt
1/4 cup granola
1/2 Zespri SunGold kiwi, chopped



1 Bee Sweet Citrus mandarin, peeled and segmented
Preheat oven to 325 F.
In large bowl, whisk eggs and milk.
Coat 12-cup muffin pan with nonstick cooking spray or use silicone muffin liners. Evenly divide beans, tomatoes, cheese and onion among cups. Pour eggs over top.
Bake 20-25 minutes, or until eggs are set and lightly browned.
Remove from oven and cool in pan 2-3 minutes. Use knife to loosen edges and remove.
In cup or bowl, mix yogurt, granola and kiwi.
Assemble bento box with two quiche muffins, kiwi parfait and mandarin slices.



UNLEASH YOUR WANDERLUST: TOP TRAVEL IDEAS FOR PET OWNERS

Pets are like family and they bring deep meaning to life. While summer vacations can be exciting, bringing all family members along for the stay can make travel memories even richer. Are you ready to plan a summer getaway with your beloved pets?

According to data from Hilton, nearly 80 percent of pet owners say their pets influence the activities they plan and the destinations they visit. With scenic dog-friendly hikes across the U.S., outdoor beer gardens, hotels, restaurants and even entire cities catering to furry friends in creative ways, there are new opportunities to make incredible memories together while traveling with ease.

Fur-ociously fun accommodations

When traveling with your pets, it matters where you stay, which is why Hilton's pet-welcoming hotels make bucket-list travel with your pets easier and better than ever. With more than 5,000 pet-friendly hotels across the United States and Canada, Hilton makes it easy to pair the fun summer vacation with the perfect stay. For example, you'll find enough room for you and your pets to spread out at Home2 Suites by Hilton, Hilton's first-ever pet-friendly brand, a thoughtfully local stay and comfy pet beds at Canopy by Hilton, and homelike accommodations while on the road at Homewood Suites by Hilton.

More than 9 in 10 travelers agree that a hotel stay experience can make or break your trip, and if your pet is happy and feels taken care of, you are too. Hilton's pet-friendly accommodations provide a seamless hotel stay, from the booking process, where you can search for pet-friendly properties, to arrival, when pets take refuge from the road.

Paws-itively amazing travel ideas

When traveling with pets, seek pet-friendly destinations that allow your furry companion to have some fun, such as those with ample green space to explore together. One of those destinations, the City of Brotherly Love, Philadelphia, is home to one of the largest urban park systems in the U.S., with nearly 10,000 acres to enjoy.

If it's a beach vacation you're after, turn to destinations that have dog-friendly beaches, such as Myrtle Beach, South Carolina, which provides pet-friendly morning and evening hours on its famous sand and boardwalk.

You can even enjoy some kitsch on road trips with your pet, such as visiting the World's Largest Fire Hydrant in Beaumont, Texas, or exploring the coastal sand dunes in North Bend, Oregon, in a pet-friendly dune buggy.

With more than half of travelers (56%) concerned about having an easier travel experience in 2023, finding destinations that are heads and tails above the rest



is a walk in the park with Mars Petcare's BETTER CITIES FOR PETS™ program, which celebrates and supports cities that strive to be pet-friendly. For example, Daytona Beach, Florida, is known for its fun activities for pets and their humans, such as Bark in the Park minor league baseball games, where four-legged friends can enjoy nine innings with a "pooch pass."

Another popular certified pet-friendly destination is Nashville, a city so

pet-welcoming that its airport is filled with amenities to make travel easier, including a dedicated dog park with a dog drinking fountain, indoor relief areas and pet-themed murals in the terminals for selfies with your best friend.

So grab your leashes, pack up your dog beds, water bowls and a favorite toy or two and get ready to hit the road with your pets on the best summer family vacation yet. - (BPT)



DESIGNER'S MAGIC CARPET AND FLOORING

Designer Products at **Discount Pricing**

We **Beat** Lowes, Costco, Floor & Decor, Home Depot & Empire!



FREE Professional Measure & Itemized Estimate



Family Owned for Over 40 Years



Kevin, Richard & R. J. Osborne

WOOD | LAMINATE
VINYL | CARPET | TILE

We also do: Kitchens | Baths | Cabinets | Countertops | Remodeling

949.496.1926

638 Camino De Los Mares • San Clemente
Showroom Next to Trader Joe's

www.DesignersMagicCarpetAndFlooring.com | Email: DesignersMagicFlooring@gmail.com



949.328.9403

27032 La Paz Road • Aliso Viejo
Showroom in Target Shopping Center

SAVE UP TO **75%**

FREE Installation and
FREE Furniture
Moving and Padding!

FREE
Financing!

No down payment or
interest for 12 months!

Voted BEST Flooring Store!
Products, Pricing & Installation



SCAN ME

Directory Advertising Hits the Jackpot for Small Business with a Limited Ad Budget **\$49.95**

"I'm not a big business, but I know that you have to advertise someplace and these little ads don't cost too much so I figure if you expect to get any new customers, I gave the little 'directory' ads in the newspaper a try. Nothing happened for the first week, not even a phone call. Then Boom! comes three new customers. Paid for my little ads and a nice profit. I'd say I hit the jackpot. Sign me up for another week newspaper ladies!"

The above story may not be exciting but is typical of advertisers who are shopping for advertising that is affordable but gives them something back for their money. Here's another:

As a Woman Who Owns A Small Business These Newspaper Directory Ads are a Great Value

"We women have to work harder to make a small business grow. Thanks to small, affordable ads in this newspaper I've got ads running every week. Every call helps my business grow. I give you an A+ for good prices and steady results."

Looking for the Penny Saver in all the Wrong Places

"I Used to get pretty good results from the Penny Saver, but when the Penny Saver closed up, I found this newspaper's little directory ads are even cheaper and work just about as good. Usually get two or three calls a month and most of them wind up being my customers. My bookkeeper says your directory ads work pretty good for the money"

Newspaper Directory Ads Worked Just Fine, Cost Less than Half!- Nice!

"We tried some slick magazine ads that had beautiful pictures on the cover and they worked real good for a while but they were costing us an arm and a leg so we tried these little directory ads in your newspaper. The ads are smaller, but cost way less than half of what we were paying the magazines and the newspaper directory ads seem to work about as well. We are glad we tried them. They are a pretty good deal for the low price."

New Business Owner Likes Lower Priced Ads

"I Just Started my New Business and Happy that I Can Afford Your Newspaper Directory Ads. I need to attract new customers and these ads are priced just right."

Print your ad copy in the box at right.

Please keep your ad to a maximum of 8 words per line. Up to 36 characters. Company name and phone number will be in bold letters.

Please check the papers in which you would like your ad to appear:

- Coto de Caza News
- Ladera Ranch News
- Mission Viejo News
- Newport News
- San Clemente News

**Four (4) ads, four weeks
choose any newspaper
Your total cost is only \$49.95**

1. (Company Name) _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. (Company phone #) _____

COMPANY NAME

Describe what your company has to offer here. Advertise with us. Reach thousands of customers. Why wait! Put your home services ad in now and get your phone to ring. Business Directory ads are your most affordable advertising.

949-589-9990

Sample Best Business Ad

Please charge my credit card as follows:
 Credit Card Number: _____
 Expiration Date: _____ 3-Digit Code: _____ Total \$ _____
 PRINT name as it appears on credit card _____
 SIGNATURE to authorize charge _____
 BILLING ADDRESS: _____
 City _____ ST _____ Zip _____
 Phone () _____

Please fax or email us your check or credit card info!

FAX: 949.589.6429 PHONE: 949.589.9990

EMAIL: mvlegals@yahoo.com

Best Business Directory Order Form 3-2023

Laguna Niguel Area

BEST BUSINESS DIRECTORY

Business - Auto - Construction - Professional



ADVERTISING	AUTO BODY	CONSTRUCTION	DENTIST	ESTATE PLANNING	FLOORING
<p>WANT TO DRAW A CROWD? TO YOUR STORE OR BUSINESS. REACH THOUSANDS OF CUSTOMERS... WHY WAIT? ADVERTISE TODAY! 949-589-9990</p>	<p>RSM AUTO BODY EXPRESS We offer the finest in Collision Repair and Customer Service. Call for a FREE estimate 23061 Antonio Pkwy #0 Rancho Santa Margarita 949-546-0333</p>	<p>JUCO CONSTRUCTION Home Remodels ADUs Hardscape 714-766-1075</p>	<p>SADDLEBACK DENTAL ASSOCIATES. Love your smile! 24/7 Emergency services 25542 Jeronimo Rd #3, Mission Viejo, CA 92691. www.mymissionviejodental.com 949-457-0223</p>	<p>BREMER WHYTE Wills, Trusts, Power of Attorney, Health Care Directives, Updates to existing Wills and Trusts Benjamin Price 949-221-1000</p>	<p>DESIGNER'S MAGIC CARPET AND FLOORING Wood, Laminate, Carpet blowout. We Beat Lowes, Costco, Home Depot 949-496-1926</p>
HEALTH CARE	OPTOMETRY	PATIO FURNITURE	PIANO INSTRUCTION	PERSONAL CHEF	REAL ESTATE
<p>CELEBRATING LIFE COMMUNITY HEALTH CENTER A compassionate, respectful provider of adult and pediatric, behavioral, medical and dental healthcare services 949-866-3600</p>	<p>DR. KATHLEEN ANDERSEN, OD Eye Exams and Optical Boutique. Eye Celebrating 25 years serving RSM. www.rsmvision.com 949-589-6171</p>	<p>PATIO PLACE The largest selection of High-Quality Patio Furniture in Orange County. www.PatioPlaceinc.com 714-557-5515</p>	<p>THE KEYBOARD LADY PIANO INSTRUCTION. YOUR HOME. Learn music you love. Popular, Musicals, Classical. 25 years experience. BA Music, Child Psychology. www.thekeyboardlady.com 949-637-8208</p>	<p>CHEF KELLY COOKS Healthy and Convenient Weekly meal prep Sit down meals Private VIP services Customized to your dietary needs Wholesome meals chefkellycook@gmail.com 415-793-3061</p>	<p>LAGUNA BEACH PROPERTIES Dave Csira Buy / Sell / Lease / Manage CoveCanyon.com LagunaBeachPropertie.net 384 Forest Ave, #26 Laguna Beach, CA 92651 949-500-3283</p>

Advertise your business here 949-589-9990 Attractive, Effective, Affordable

Top New Businesses Recently Opened in Orange County

FICTITIOUS BUSINESS NAME STATEMENT 20256719575 The following company is doing business as: LOMA MONA LISA CO, 10343 SLATER AVE APT 201, FOUNTAIN VALLEY, CA 92708. This business is conducted by an individual ELIZABETH LOPEZ, 10343 SLATER AVE, APT# 201, FOUNTAIN VALLEY, CA, 927084783. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ELIZABETH LOPEZ. This notice was filed with the Orange County Recorder on 7/1/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256719787 The following company is doing business as: CONSULTINGMDS, 82 WESTON, IRVINE, CA 92620. This business is conducted by a corporation PRACTICASCEND INC., 82 WESTON, IRVINE, CA, 92620. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/PRACTICASCEND INC. This notice was filed with the Orange County Recorder on 7/3/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256719938 The following company is doing business as: SC PLASTIC SURGERY/PAVLO ISAK PSC, 4667 MACARTHUR BLVD STE 220, NEWPORT BEACH, CA 92660. This business is conducted by a corporation PAVLO ISAK INC, 555 N EL CAMINO REAL #A433, SAN CLEMENTE, CA, 92672. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/PAVLO ISAK INC. This notice was filed with the Orange County Recorder on 7/8/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256719994 The following company is doing business as: AT YOUR SIDE, 1833 S FOREST AVE, SANTA ANA, CA 92704. This business is conducted by a limited liability company RUFF RANGLER DOG SERVICE LLC, 1833 S FOREST AVE, SANTA ANA, CA, 92704. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/RUFF RANGLER DOG SERVICE LLC. This notice was filed with the Orange County Recorder on 7/8/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256720147 The following company is doing business as: HOPE INTERNATIONAL SEMINARY OF THEOLOGY/SEMINARIO INTERNACIONAL TEOLOGICO ESPERANZA, 202 S PROSPECT ST, ORANGE, CA 92669. This business is conducted by a corporation WORLD HOPE MINISTRY, INC, 202 S PROSPECT ST, ORANGE, CA, 926693844. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/WORLD HOPE MINISTRY, INC. This notice was filed with the Orange County Recorder on 7/9/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256720148 The following company is doing business as: TRANSFORMADORAS DE NACIONES, 202 S PROSPECT ST, ORANGE, CA 92669. This business is conducted by a corporation WORLD HOPE MINISTRY INC, 202 S PROSPECT ST, ORANGE, CA, 92669. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/WORLD HOPE MINISTRY INC. This notice was filed with the Orange County Recorder on 7/9/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256720209 The following company is doing business as: FAY LANE, 1131 W FAY LANE, ANAHEIM, CA 92805. This business is conducted by a trust DONNA LOVETT, TRUSTEE LOVETT FAMILY TRUST, TRUST, 18340 YORBA LINDA BLVD #107-164, YORBA LINDA, CA, 92886. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/DONNA LOVETT, TRUSTEE LOVETT FAMILY TRUST, TRUST. This notice was filed with the Orange County Recorder on 7/10/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256720469 The following company is doing business as: MORNING GLORY STORIES, 6352 BELGRAVE AVE, GARDEN GROVE, CA 92845. This business is conducted by an individual JENNA RECHENMACHER, 6352 BELGRAVE AVE, GARDEN GROVE, CA, 92845. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/JENNA RECHENMACHER. This notice was filed with the Orange County Recorder on 7/14/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256720495 The following company is doing business as: HARMONY LEDGER, 35 WILDFLOWER PL, LADERA RANCH, CA 92694. This business is conducted by a limited liability company HARMONY COMPASSION LLC, 35 WILDFLOWER PL, LADERA RANCH, CA, 92694. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/HARMONY COMPASSION LLC. This notice was filed with the Orange County Recorder on 7/15/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256720572 The following company is doing business as: STAR BRIGHT DENTAL, 5871 WESTMINSTER BLVD., SUITE G, WESTMINSTER, CA 92683. This business is conducted by a corporation CUONG NGUYEN, DDS, INC., 5871 WESTMINSTER BLVD., SUITE G, WESTMINSTER, CA, 92683. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/CUONG NGUYEN, DDS, INC. This notice was filed with the Orange County Recorder on 7/15/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256720594 The following company is doing business as: OFFER1, 400 SPECTRUM CENTER DR #1900, IRVINE, CA 92618. This business is conducted by an individual SICONG WANG, 10926 EARTH HUES CT, LAS VEGAS, NV, 89135. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/SICONG WANG. This notice was filed with the Orange County Recorder on 7/16/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256720723 The following company is doing business as: HEAVENLY DETAIL, 8900 BURNET AVE APT 205, NORTH HILLS, CA 91343. This business is conducted by an individual HECTOR OSORIO MARTINEZ, 8900 BURNET AVE 205, NORTH HILLS, CA, 91343. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/HECTOR OSORIO MARTINEZ. This notice was filed with the Orange County Recorder on 7/16/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256720724 The following company is doing business as: BAIL EXPRESS BAIL BONDS, 3230 E. IMPERIAL HWY #300, BREA, CA 92821. This business is conducted by an individual JAZMIN LIZETTE OCHOA, 3230 E. IMPERIAL HWY #300, BREA, CA, 92821. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/JAZMIN LIZETTE OCHOA. This notice was filed with the Orange County Recorder on 7/16/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256720733 The following company is doing business as: PRIMARY CARE 4 HAIR, 369 SAN MIGUEL DR, SUITE 360, NEWPORT BEACH, CA 92660. This business is conducted by a corporation US COVID CLINIC INC, 5116 SEASHORE DRIVE APT A, NEWPORT BEACH, CA, 92663. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/US COVID CLINIC INC. This notice was filed with the Orange County Recorder on 7/17/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256720817 The following company is doing business as: TRINIDAD CLEANING SOLUTIONS, 1225 E CRESTBROOK PL, ANAHEIM, CA 92805. This business is conducted by a corporation TRINIDAD CLEANING SOLUTIONS INC, 1225 E CRESTBROOK PL, ANAHEIM, CA, 92805. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/TRINIDAD CLEANING SOLUTIONS INC. This notice was filed with the Orange County Recorder on 7/17/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256720839 The following company is doing business as: MISA CELL PHONE REPAIR, 4 BEAR PAW #4B, IRVINE, CA 92604. This business is conducted by an individual NOE M. MACHADO, 4 BEAR PAW #4B, IRVINE, CA, 92604. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/NOE M. MACHADO. This notice was filed with the Orange County Recorder on 7/17/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721048 The following company is doing business as: STICKY OPS & CO., 902 CREEKSIDE DRIVE, FULLERTON, CA 92833. This business is conducted by a married couple (1) MARIKA ELIZABETH COPELAND, 902 CREEKSIDE DRIVE, FULLERTON, CA, 92833, (2) CHRISTOPHER ELLIOT COPELAND, 902 CREEKSIDE DRIVE, FULLERTON, CA, 92833. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/MARIKA ELIZABETH COPELAND. This notice was filed with the Orange County Recorder on 7/22/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721068 The following company is doing business as: TERRA OC STAGING & DESIGN, 140 N. HIDDEN CANYON, ORANGE, CA 92869. This business is conducted by an individual RANIA TOUTOUNJI MASRI, 140 N. HIDDEN CANYON, ORANGE, CA, 92869. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/RANIA TOUTOUNJI MASRI. This notice was filed with the Orange County Recorder on 7/22/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721124 The following company is doing business as: AAA COFFEE, 4906 OAKFIELD AVE, SANTA ANA, CA 92703. This business is conducted by an individual CHRISTINE HUYNH, 4906 OAKFIELD AVE, SANTA ANA, CA, 92703. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/CHRISTINE HUYNH. This notice was filed with the Orange County Recorder on 7/23/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721192 The following company is doing business as: LAGUNA ALCHEMY AESTHETICS, 1277 SOUTH COAST HIGHWAY, LAGUNA BEACH, CA 92651. This business is conducted by an individual RICHARD LEE UNRUH, 27942 FORBES ROAD 41, LAGUNA NIGUEL, CA, 92677. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/RICHARD LEE UNRUH. This notice was filed with the Orange County Recorder on 7/24/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721198 The following company is doing business as: LANDSCAPE DESIGNS BY DAVE PRATT, 18042 LEMON DR SUITE 518, YORBA LINDA, CA 92886. This business is conducted by a corporation DAVE PRATT DESIGNS INC, 18042 LEMON DR SUITE 518, YORBA LINDA, CA, 92886. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/DAVE PRATT DESIGNS INC. This notice was filed with the Orange County Recorder on 7/24/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721204 The following company is doing business as: MORTGAGE WITH BEA, 2164 HARMONY WAY, COSTA MESA, CA 92627. This business is conducted by a limited liability company THE KISSINGER GROUP, LLC, 2164 HARMONY WAY, COSTA MESA, CA, 92627. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/THE KISSINGER GROUP, LLC. This notice was filed with the Orange County Recorder on 7/24/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721227 The following company is doing business as: SWIFT LOCKSMITH, 15465 SPECTRUM, IRVINE, CA 92618. This business is conducted by an individual NAVID MOHAMMADIFARSHI, 15465 SPECTRUM, IRVINE, CA, 92618. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/NAVID MOHAMMADIFARSHI. This notice was filed with the Orange County Recorder on 7/24/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721237 The following company is doing business as: NATSUKA, 3334 MOLINO, IRVINE, CA 92618. This business is conducted by an individual PEMA SHERPA, 3334 MOLINO, IRVINE, CA, 92618. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/PEMA SHERPA. This notice was filed with the Orange County Recorder on 7/24/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721242 The following company is doing business as: EMMANUEL BEAUTY SALON AND BARBER SHOP, 1218 S DALE AVE, ANAHEIM, CA 92804. This business is conducted by an individual ANA LILIA PARRALES ROSALES, 1218 S DALE AVE, ANAHEIM, CA, 92804. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ANA LILIA PARRALES ROSALES. This notice was filed with the Orange County Recorder on 7/24/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721266 The following company is doing business as: NICE GUYS PLUMBERS & DRAIN SERVICES OF BUENA PARK, 18543 YORBA LINDA BLVD #155, YORBA LINDA, CA 92866. This business is conducted by a corporation DJZ CONSTRUCTION, 18543 YORBA LINDA BLVD #155, YORBA LINDA, CA, 92866. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/DJZ CONSTRUCTION. This notice was filed with the Orange County Recorder on 7/24/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721294 The following company is doing business as: DOLLY GOLF, 25076 SANORIA, LAGUNA NIGUEL, CA 92677. This business is conducted by an individual STERLING ILES, 25076 SANORIA, LAGUNA NIGUEL, CA, 92677. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/STERLING ILES. This notice was filed with the Orange County Recorder on 7/25/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721335 The following company is doing business as: OUGHTMED, 9 MAYER COURT, IRVINE, CA 92617. This business is conducted by a corporation OUGHTMED MEDICAL CORPORATION, 9 MAYER COURT, IRVINE, CA, 92617. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/OUGHTMED MEDICAL CORPORATION. This notice was filed with the Orange County Recorder on 7/25/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721338 The following company is doing business as: PENNY LANE COINS, 6771 WARNER AVE, HUNTINGTON BEACH, CA 92647. This business is conducted by an individual JEFFREY G LAU, P.O. BOX 1943, HUNTINGTON BEACH, CA, 926471943. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/JEFFREY G LAU. This notice was filed with the Orange County Recorder on 7/25/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721353 The following company is doing business as: SOO & SHI ORTHODONTICS/SHI & SOO ORTHODONTICS, 17692 BEACH BLVD STE 209, HUNTINGTON BEACH, CA 92647. This business is conducted by a corporation CHRISTOPHER SHI DENTAL CORP, 2332 E GARFIELD AVE, ORANGE, CA, 92867. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/CHRISTOPHER SHI DENTAL CORP. This notice was filed with the Orange County Recorder on 7/25/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721383 The following company is doing business as: DIFFUSCENTS, 21522 KINSALE DRIVE, LAKE FOREST, CA 92630. This business is conducted by an individual LESLI DENISE MITCHELL, 21522 KINSALE DRIVE, LAKE FOREST, CA, 92630. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/LESLI DENISE MITCHELL. This notice was filed with the Orange County Recorder on 7/28/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721386 The following company is doing business as: CORE MERIDIAN ACUPUNCTURE, 408 WESTMINSTER AVE, STE 10, NEWPORT BEACH, CA 92663. This business is conducted by an individual MICHAEL ADAMS, 300 LONG BEACH BLVD, UNIT 689, LONG BEACH, CA, 90801. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/MICHAEL ADAMS. This notice was filed with the Orange County Recorder on 7/28/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

DBA's Courtesy of Mission Viejo News

DBA's Courtesy of Mission Viejo News

OPEN NOW



24671 San Juan Ave.
Dana Point, CA 92629
949-419-7839

20% OFF

ALL Accessories, Bags & Shoes in Store

With this coupon. Can not be combined with any other offers.

Top New Businesses Recently Opened in Orange County

FICTITIOUS BUSINESS NAME STATEMENT 20256721394 The following company is doing business as: **FIRST TEAM - PARADIGM, 4 CORPORATE PLAZA, STE 100, NEWPORT BEACH, CA 92660.** This business is conducted by a corporation **FIRST TEAM REAL ESTATE - ORANGE COUNTY, 4 CORPORATE PLAZA, STE 100, NEWPORT BEACH, CA, 92660.** The registrants have not commenced to do business under the fictitious business name or names listed above. /S/FIRST TEAM REAL ESTATE - ORANGE COUNTY. This notice was filed with the Orange County Recorder on 7/28/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME 20256721397 The following person(s) has/have abandoned the use of the fictitious business: **JELSOFT CONSULTING, 17 TANZANITE, RANCHO SANTA MARGARITA, CA 92688.** The Fictitious Business Name(s) referred to above was/were filed in Orange County on 4/17/19, File 20196541114. The business(es) was/were conducted by an individual, **JONGKI E LINGGA, 17 TANZANITE, RANCHO SANTA MARGARITA, CA, 92688.** This notice was filed with the Orange County Recorder on 7/28/25. Published: The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721398 The following company is doing business as: **CINDY'S COSMETICS AND BEAUTY 3, 1440 S. ANAHEIM BLVD SPC C-03, ANAHEIM, CA 92805.** This business is conducted by an individual **HUGO LEONEL VALDEZ, 1440 S. ANAHEIM BLVD SPC C-03, ANAHEIM, CA, 92805.** The registrants have not commenced to do business under the fictitious business name or names listed above. /S/HUGO LEONEL VALDEZ. This notice was filed with the Orange County Recorder on 7/28/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721404 The following company is doing business as: **THE RETURN COLLECTIVE, 204 YERBA, IRVINE, CA 92618.** This business is conducted by a limited liability company **MYESHA CHANEY LLC, 3943 IRVINE BLVD #116, IRVINE, CA, 92602.** The registrants have not commenced to do business under the fictitious business name or names listed above. /S/MYESHA CHANEY LLC. This notice was filed with the Orange County Recorder on 7/28/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721443 The following company is doing business as: **KEON & CO. DREAM INK, 29752 MELINDA RD APT 128, RANCHO SANTA MARGARITA, CA 92688.** This business is conducted by an individual **ELIANA MCKEON, 29752 MELINDA RD, APT 128, RANCHO SANTA MARGARITA, CA, 92688.** The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ELIANA MCKEON. This notice was filed with the Orange County Recorder on 7/28/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721444 The following company is doing business as: **FORWARD, 1041 E. YORBA LINDA BLVD., STE 202, PLACENTIA, CA 92870.** This business is conducted by a corporation **FORWARD WELLNESS FAMILY THERAPY, INC., 1041 E. YORBA LINDA BLVD., STE 202, PLACENTIA, CA, 92870.** The registrants have not commenced to do business under the fictitious business name or names listed above. /S/FORWARD WELLNESS FAMILY THERAPY, INC. This notice was filed with the Orange County Recorder on 7/28/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721569 The following company is doing business as: **WEBER'S WORLD/REELTIME/ REELTIME SIGHT & SOUND, 26381 VIA DE ANZA, SAN JUAN CAPISTRANO, CA 92675.** This business is conducted by co-partners (1) **EDWIN DIMAS, 26381 VIA DE ANZA, SAN JUAN CAPISTRANO, CA, 92675.** (2) **JONATHAN COLBURN, 26381 VIA DE ANZA, SAN JUAN CAPISTRANO, CA, 92675.** The registrants have not commenced to do business under the fictitious business name or names listed above. /S/EDWIN DIMAS. This notice was filed with the Orange County Recorder on 7/29/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721639 The following company is doing business as: **LATITUDE 33 REAL ESTATE, 2500 RED HILL AVE #240, SANTA ANA, CA 92705.** This business is conducted by a corporation **LLCM REAL ESTATE, INC, 10 CALLE VISTA DEL SOL, SAN CLEMENTE, CA, 92673.** The registrants have not commenced to do business under the fictitious business name or names listed above. /S/LLCM REAL ESTATE, INC. This notice was filed with the Orange County Recorder on 7/30/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721699 The following company is doing business as: **MY PHONE HERO, 8431 LA PALMA AVE, BUENA PARK, CA 90620.** This business is conducted by a limited liability company **TECHNOVA LLC, 1437 E VALLEY BLVD, ALHAMBRA, CA, 91801.** The registrants have not commenced to do business under the fictitious business name or names listed above. /S/TECHNOVA LLC. This notice was filed with the Orange County Recorder on 7/30/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME 20256721714 The following person(s) has/have abandoned the use of the fictitious business: **POLLY'S COACHING, 7845 E. VIEWRIM DR, ANAHEIM, CA 92808.** The Fictitious Business Name(s) referred to above was/were filed in Orange County on 3/26/25, File 2025671240. The business(es) was/were conducted by an individual, **POLLY FOSKARIS, 7845 E. VIEWRIM DR, ANAHEIM, CA, 92808.** This notice was filed with the Orange County Recorder on 7/30/25. Published: The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721715 The following company is doing business as: **POLLY FOSKARIS WELLNESS, 4457 E. LA PALMA AVE, ANAHEIM, CA 92807.** This business is conducted by an individual **POLLY A FOSKARIS, 4457 E. LA PALMA AVE, ANAHEIM, CA, 92807.** The registrants have not commenced to do business under the fictitious business name or names listed above. /S/POLLY A FOSKARIS. This notice was filed with the Orange County Recorder on 7/30/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256721751 The following company is doing business as: **VINLAND, 22515 ASPAN STREET, SUITE B, LAKE FOREST, CA 92630.** This business is conducted by a corporation **ATOTO ELECTRONICS, 22515 ASPAN STREET, SUITE B, LAKE FOREST, CA, 92630.** The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ATOTO ELECTRONICS. This notice was filed with the Orange County Recorder on 7/30/25. The Mission Viejo News: 8/1/25, 8/8/25, 8/15/25, 8/22/25.

FICTITIOUS BUSINESS NAME STATEMENT 20256719215 The following company is doing business as: **ACCELENTZ, 22865 WILLARD AVENUE, LAKE FOREST, CA 92630.** This business is conducted by an individual **NEAL HOWARD GANTZ, 22865 WILLARD AVENUE, LAKE FOREST, CA, 92630.** The registrants have commenced to do business on 6/26/25 under the fictitious business name or names listed above. /S/NEAL HOWARD GANTZ. This notice was filed with the Orange County Recorder on 6/26/25. The Mission Viejo News: 8/8/25, 8/15/25, 8/22/25, 8/29/25.

THINKING OF STARTING YOUR OWN BUSINESS? HUNDREDS OF NEW BUSINESSES START EACH WEEK... YOU CAN TOO! ONLY \$99 INCLUDES THE COUNTY FILING FEE. MISSION VIEJO NEWS 949-589-9990

LAGUNA NIGUEL LOW COST CLASSIFIEDS ONLY \$1.00 PER WORD

LOW-COST CLASSIFIED ADS WORK FOR YOU 24 HOURS A DAY!

CLASSIFIEDS



AUTO SERVICE

RSM Auto Body Express We offer the finest in Collision Repair and Customer Service. Call for a FREE estimate 949-546-0333. 23061 Antonio Pkwy #O Rancho Santa Margarita

Portola Chevron. Oil Change, Breaks, Smog inspection, AC. Ask for Greg 949-586-7319

DENTIST

Saddleback Dental Associates. Love your smile! 24/7 Emergency 949-457-0223. 25542 Jeronimo Rd #3, Mission Viejo, CA 92691. www.mymissionviejodental.com

EMPLOYMENT

Display Advertising Sales Representatives. Experienced ad sales representatives to sell ads for South Orange County's top 5 weekly newspapers. Experienced only, no trainees. Fax resume in confidence to (949) 589-6429 or email to mvlegals@yahoo.com

ESTATE PLANNING

Bremer Whyte. Wills, Trusts, Health care directives, Powers of attorney and more. Benjamin Price. 949-221-1000

LAGUNA NIGUEL CLASSIFIED

FICTITIOUS BUSINESS NAMES

Thinking of starting your own business? Hundreds of new businesses start each Week...you can too! ONLY \$99 Includes the County Filing Fee. THE MISSION VIEJO NEWS 949-589-9990

FINANCIAL ADVISOR

Edward Jones Call Connor J Antonson for all your financial needs. Compare our DC rates. 949-724-9478

HANDYMAN

Janow Handyman Services and Junk removal. Services all of Orange County. Locally Owned. Fully Insured. For free estimate call 949-335-8716.

HEALTH CARE

Celebrating Life Community Health Center. Family Practice. Pediatrics. Behavioral Health. Dental Care. 949-866-3600

HOME SERVICE

DESIGNER'S MAGIC CARPET AND FLOORING - San Clemente Showroom Next to Trader Joe's, We Beat Lowes, Costco, Homedepot, Wood & Laminate Sale, Carpet Blowout 949-496-1926, www.designersmagiccarpetandflooring.com

Weddings parties and special events. Over 25,000 ft.² of space available for birthdays anniversaries indoor and outdoor dining with outside catering and bar available for weddings and special events. Coto Valley County Club Salon 23331 via Venado Coto de Caza telephone 949-589-5000

SILENT SALESMAN WORKS 24 HOURS A DAY! - Classified ads are your most affordable advertising bargain! You are living proof that everyone reads the classifieds. BUYERS who read Newspaper classifieds have money to spend immediately. Let them spend it with you. Effective and affordable. just fill in the handy form on this page and your ad will appear here this coming week.

OPTOMETRY

DR. KATHLEEN ANDERSEN, OD - Eye Exams and Optical Boutique, Eye Exam and Contact Lenses, Celebrating 25 years serving RSM. 949-589-6171, info@rsmvision.com, www.rsmvision.com

PATIO FURNITURE

Patio Place The largest selection of High Quality Nam brand Patio Furniture. 845 Bake Street, Costa Mesa. 714-557-5515. www.PatioPlaceinc.com

LAGUNA NIGUEL CLASSIFIED

PERSONAL CHEF

Chef Kelly Cooks. 415-793-3061. chefkellycook@gmail.com

Chef James Larson Chefjameslarson.com

PIANO INSTRUCTION

PIANO INSTRUCTION. YOUR HOME. Learn music you love. Popular, Musicals, Classical. 25 years experience. BA Music, Child Psychology. www.thekeyboardlady.com 949 637 8208.

PET CARE

PJ Noah PetSalon. Join our VIP membership program. Because your pet deserves it! Our New Location in Costa Mesa 333 E 17th St. 12B (949) 669-2408. www.pjnoahpetsalon.com

No Place Like Home. Pet sitting. Any pet. Pets do better in their own home. 25 Years in business. Licensed - Bonded. Kim Jones (949) 458-3829

REALTOR

Laguna Beach Properties. David Csira 949-500-3283. LagunaBeachProperties.net CoveCanyon.com

Jonathan Ashyk Pacific Sotheby's 949-201-3990. pacificsothebysrealty.com

BW Bremer Whyte Brown & O'Meara LLP

ESTATE PLANNING

Protect what matters to you by preparing for the unexpected.

BENJAMIN PRICE
Wills, trusts, health care directives, powers of attorney, updates to existing wills and trusts.

949.221.1000
bprice@bremerwhyte.com
BREMERWHYTE.COM

Arizona | California | Colorado | Nevada

CLASSIFIEDS WORK FOR YOU 24 HOURS A DAY!

CLASSIFIED ORDER FORM

\$1 Per Word (\$20 Minimum)

Category Desired: _____ Start Date: _____

1	2	3
4	5	6
7	8	9
10	11	12
13	14	15
16	17	18
19	20	21
22	23	24

TOTAL WORDS: _____ \$ _____

Please select newspapers below.
Add 1 or more extra newspapers at half price for each. Please run my ad _____ times.

Coto de Caza News
 Mission Viejo News
 Ladera Ranch News
 San Clemente News
 Newport News

TOTAL \$ _____

Please Bill My Credit Card:
 MC Visa
 AMEX

Card# _____
Exp: ____ / ____ 3/4 Digit Code: _____
Name: _____
Address: _____
City: _____ State: ____ Zip: _____
Phone: (____) _____

DEADLINE IS NOON TUESDAY!
949-589-9990
P.O. Box 3322 San Clemente, CA 92674

Fax Credit Card Orders to 949-589-6429

MOVE FREELY AND LIVE FULLY WITH ATTO SPORT

folding mobility scooter



- 
Cruises
- 
Flights
- 
Public Transport
- 
Road Trip

WHAT MAKES ATTO SPORT SO UNIQUE?

- Easily folds into compact suitcase
- Heaviest piece is only 38.5 lbs
- Fits easily into any car trunk
- Shock-absorbing puncture-proof tyres
- Up to 25 miles range with the XL battery
- Comfortable, smooth ride on all terrain
- Separates into two parts in seconds for easy lifting
- Stability control for safety on descents and turns
- Take on board an airplane, train or cruise ship
- Max speed: 6.2 mph
- 4 Inch ground clearance
- Embedded headlights
- Flight approved battery



EXCLUSIVE OFFER

Call now – get a free XL battery (up to 25-mile range) with your ATTO SPORT.



\$899 VALUE

FREE HOME DEMOS

Test drives available nationwide. Showrooms or Demos: AZ, CA, CO, CT, FL, IL, MD, NJ, NV, NY, OR, TX, VA, WA, GA



CALL NOW: 1-877-658-6147

My Patriot Supply
Trusted Self-Reliance

WHEN THE SHELVES
ARE EMPTY (AGAIN),
YOU'LL BE GLAD YOU
PLANNED AHEAD.



Grab Your 4-Week Emergency Food Supply

- ✓ Includes Breakfasts, Lunches, Dinners, Snacks and Drinks
- ✓ 2,000+ Calories/Day | Fortified with 12 Essential Vitamins & Minerals
- ✓ Up to 25-Year Shelf Life
- ✓ Easy-to-Store, Stackable Buckets
- ✓ Lightning-fast FREE Shipping



AMERICA'S MOST TRUSTED EMERGENCY FOOD COMPANY
OVER 72,000 5-STAR REVIEWS | A+ RATING WITH THE BBB



To access a special deal on the 4-Week
Emergency Food Kit from My Patriot Supply,
scan the QR code below, visit or call:

1-855-237-2719
mypatriotdeal.com/prep60





LAGUNA BEACH PROPERTIES

BUY | SELL | LEASE | MANAGE

Serving Coastal South Orange County

31841 PASEO LA BRANZA

SOLD IN 5 DAYS | MULTIPLE OFFERS | OVER ASKING



IN ESCROW IN 5 DAYS

- **LOCATION:** SITUATED ON A LARGE CORNER LOT IN ONE OF SAN JUAN CAPISTRANO'S MOST CHARMING NEIGHBORHOODS.
- **SIZE:** 4 BEDROOMS, 3 BATHROOMS, 2,909 SQ. FT. OF LIVING SPACE.
- **BACKYARD RETREAT:** LUSH AND PRIVATE, FEATURING A SPARKLING POOL AND SPA.
- **UNIQUE QUALITY:** THE RESULT OF OVER 30 YEARS OF PASSIONATE VISION, CREATIVITY, AND CRAFTSMANSHIP.

LAGUNA BEACH PROPERTIES

LEARN MORE ABOUT OUR AWARD-WINNING SERVICES:

CALL 949-500-3283 OR VISIT LAGUNABEACHPROPERTIES.NET

370 LOMA TERRACE

OFFERED AT \$3,250,000

- **LOCATION:** PRIME CORNER LOT IN THE HEART OF DOWNTOWN LAGUNA BEACH
- **PROPERTY TYPE:** CLASSIC, WELL-MAINTAINED TRIPLEX INVESTMENT PROPERTY.
- **LOT DETAILS:** BUILT IN 1948 ON A 4,356 SQ. FT. LOT.
- **INVESTMENT VALUE:** A LOW-MAINTENANCE, WELL-PERFORMING ASSET IN A HIGHLY DESIRABLE COASTAL MARKET.



Dave Csira | 949.500.3283 | Dave@LagunaBeachproperties.net | Dre #01909796

LagunaBeachProperties.net

384 Forest Ave #26, Laguna Beach, CA 92651